

Ask 3 Questions

There may be choices to make about your healthcare.
Make sure you get the answers to these three questions:*

What are my choices?

How do I get support to help me make a decision that is right for me?

What is good and bad about each choice?



Your healthcare team needs you to tell them what is important to you.
It's all about shared decision making.

**Other questions I would like to ask
during my appointment:**

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Remember, you can bring someone else with you to your appointment, such as a relative, carer or friend.